

**‘Generating Excellent Minds, Striving Forward Outstandingly’**

# **THE CENTRE FOR CO-CURRICULUM AND STUDENT DEVELOPMENT**



**For further inquiries, please contact:-**

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## Centre For Co-curriculum and Student Development Co-curricular Courses Offered

| COURSE STRUCTURE BY COMPONENT | UNIFORM AND RESCUE UNIT   | LEADERSHIP AND COMMUNITY SERVICES   | ART AND CULTURE   | SPORTS AND RECREATION   | BUSINESS, AGROTECH AND TECHNOLOGY   | MARITAL ARTS  |
|-------------------------------|---|---|---|---|---|---|
| UNIVERSITY CORE COURSE (HOUR) | Reserved Officers Training Unit (ARMEDFORCE)  | EK 00103<br>Institutional and Communal Interaction (INTERIM)<br>EK 00203  | EA 00103<br>Angklung<br>EA 00203  | ES 00103<br>Badminton<br>ES 00203   | EB 00103<br>Agro Project<br>EB 00203  | EW 00103<br>Taekwondo   |
| TOTAL=122 COURSES             | ED10101<br>PALAPES DARAT I<br>ED10201<br>PALAPES DARAT II<br>ED20301<br>PALAPES DARAT III<br>ED20401<br>PALAPES DARAT IV<br>ED30501<br>PALAPES DARAT V<br>ED30601<br>PALAPES DARAT VI | ED10101<br>PALAPES DARAT I<br>ED10201<br>PALAPES DARAT II<br>ED20301<br>PALAPES DARAT III<br>ED20401<br>PALAPES DARAT IV<br>ED30501<br>PALAPES DARAT V<br>ED30601<br>PALAPES DARAT VI | EA 00303<br>Choir<br>EK 00203<br>Kompang Ensemble<br>EA 00403<br>Organisation and Management<br>EK 00303<br>Theatrical Performance<br>EA 00503<br>Leadership and Motivation<br>EK 00403<br>Painting<br>EA 00603<br>Mosque Management<br>EK 00503<br>Modern Music  | ES 00303<br>Netball<br>ES 00403<br>Basketball<br>EA 00503<br>Soccer<br>ES 00603<br>Volleyball<br>ES 00703<br>Ten-Pin Bowling<br>EA 00803<br>Traditional Music<br>EA 00903<br>Contemporary Nasyid<br>EA 01003<br>Orator Arts Skill<br>EK 00703<br>Public Speaking/ Elocution<br>EK 00803<br>Survivor<br>EK 00903<br>Introduction to the Screenplay<br>EK 01003<br>Debate<br>EK 01003<br>Cocurriculum Management and Administration | ES 00303<br>Food Science Project<br>EB 00303<br>Electronic Maintenance<br>EB 00403<br>Computer & Network Maintenance<br>EB 00503<br>Silat Sepring 12<br>EW 00603<br>Silat Cekak<br>EW 00703<br>Shorinji Kempo Self Defence  | EW 00203<br>Karate Do<br>EW 00303<br>Competitive Silat<br>EW 00403<br>Gayung Fatani Silat<br>EW 00503<br>Silat Sepring 12<br>EW 00603<br>Silat Cekak<br>EW 00703<br>Shorinji Kempo Self Defence |
|                               | Reserved Officers Training Unit (AIRFORCE)  | EU10101<br>PALAPES UDARA I<br>EU10201<br>PALAPES UDARA II<br>EU20301<br>PALAPES UDARA III<br>EU20401<br>PALAPES UDARA IV<br>EU30501<br>PALAPES UDARA V<br>EU30601<br>PALAPES UDARA VI | EA 01003<br>Traditional Nasyid<br>EA 01003<br>Contemporary Nasyid<br>EA 01003<br>Hockey<br>ES 01103<br>Golf<br>ES 01003<br>Archery<br>ES 01203<br>Horticulture<br>ES 01303<br>Swimming<br>ES 01303<br>Scuba Diving<br>EA 01103<br>Introduction to Camera<br>ES 01203<br>Archery<br>ES 01303<br>Horticulture<br>ES 01403<br>The Art of Animation<br>EB 01003<br>Computer Assembly<br>EB 01103<br>Manufacture Using Fiber Glass<br>EB 01203<br>Hydroponics Technology | EA 01003<br>Script writing for Dramas<br>EA 01203<br>Cocurriculum Management and Administration<br>EA 01303<br>Gamelan Ensemble<br>EA 01403<br>Sculpture<br>EA 01403<br>Batik Painting<br>EA 01503<br>Court Dances  | ES 01003<br>Lawn Bowling<br>ES 00803<br>Equestrian<br>EA 00903<br>Information Searching Skill<br>ES 01003<br>Golf<br>ES 01003<br>Hockey<br>ES 01103<br>Archery<br>ES 01203<br>Swimming<br>ES 01303<br>Scuba Diving<br>EA 01403<br>Aerobics<br>ES 01503<br>Fencing<br>ES 01603<br>Sepak Takraw<br>ES 01703<br>Squash<br>ES 01803<br>Softball |   |

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|--|---|-----------------------------------|---|--|---|--------------|
| UNIVERSITY CORE COURSE (HOUR)<br><br>TOTAL=122 COURSES | Reserved Officers Training Unit (NAVY)<br><br>EL10101 PALAPES LAUT I<br>EL10201 PALAPES LAUT II<br>EL20301 PALAPES LAUT III<br>EL20401 PALAPES LAUT IV<br>EL30501 PALAPES LAUT V<br>EL30601 PALAPES LAUT VI<br><br>Voluntary Police Unit<br><br>EP10101 SUKSIS I<br>EP10201 SUKSIS II<br>EP20301 SUKSIS III<br>EP20401 SUKSIS IV<br>EP30501 SUKSIS V<br>EP30601 SUKSIS VI |                                   | EA 01603 Folk Dances<br>EA 01703 Sabah Dances<br>EA 01803 The Art of Khat<br>EA 01903 Stage Design<br>EA 02003 Bamboo Instrument Making | ES 01903 Cycling<br>ES 02003 Canoeing<br>ES 02103 Boat Sport<br>ES 02203 Rugby<br>ES 02303 Tennis<br>ES 02403 Table Tennis<br>ES 02503 Sailing | EB 01303 Basic Auto Mechanics<br>EB 01403 SIFE (Student In Free Enterprise)<br>EB 01503 Robocon |              |
|  |   |                                   |   |  |   |              |

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|---|---|-----------------------------------|-----------------|-----------------------|-----------------------------------|--------------|
| <p><b>UNIVERSITY CORE COURSE (HOUR)</b></p> <p><b>TOTAL=122 COURSES</b></p> | <p><b>Undergraduates Student of Civil Defense</b></p> <p><b>EV10101</b><br/>SISPA I</p> <p><b>EV10201</b><br/>SISPA II</p> <p><b>EV20301</b><br/>SISPA III</p> <p><b>EV20401</b><br/>SISPA IV</p> <p><b>UMS</b><br/><b>Self-Motivational Course (UMS Sejati)</b></p> <p><b>EJ 11101</b><br/>Bencana Alam I</p> <p><b>EJ11201</b><br/>Bencana Alam II</p> <p><b>EJ21301</b><br/>Bencana Alam III</p> <p><b>EJ12101</b><br/>Bomba &amp; Penyelamat I</p> <p><b>EJ12201</b><br/>Bomba &amp; Penyelamat II</p> <p><b>EJ22301</b><br/>Bomba &amp; Penyelamat III</p> <p><b>EJ13101</b><br/>Paramedik I</p> |                                   |                 |                       |                                   |              |

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|--|---|-----------------------------------|-----------------|-----------------------|-----------------------------------|--------------|
| UNIVERSITY CORE COURSE (HOUR)<br><br>TOTAL=122 COURSES | <b>EJ13201</b><br>Paramedik II<br><b>EJ23301</b><br>Paramedik III<br><b>EJ14101</b><br>Kembara I<br><b>EJ14201</b><br>Kembara II<br><b>EJ24301</b><br>Kembara III<br><b>EJ15101</b><br>Brassband I<br><b>EJ15201</b><br>Brassband II<br><b>EJ25301</b><br>Brassband III<br><br><b>ER 00103</b><br>St.John<br>Ambulance<br><b>ER 00203</b><br>PBSM |                                   |                 |                       |                                   |              |
| TOTAL = 122 COURSES                                    | 45  | 10                                | 20              | 25                    | 15                                | 7            |

